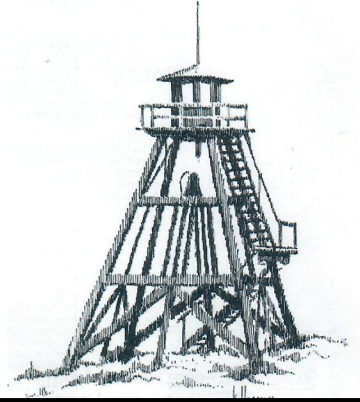


The Guardian



Last Chance Squares, Helena, Montana - November 2022 - Volume 11

Attention:

New Dancer lessons are cancelled for the 19th of December.

Glen has turned over his Saturday night dances to Butch Suttey. He will call a plus tip now and then. He will continue with new dancer lessons.

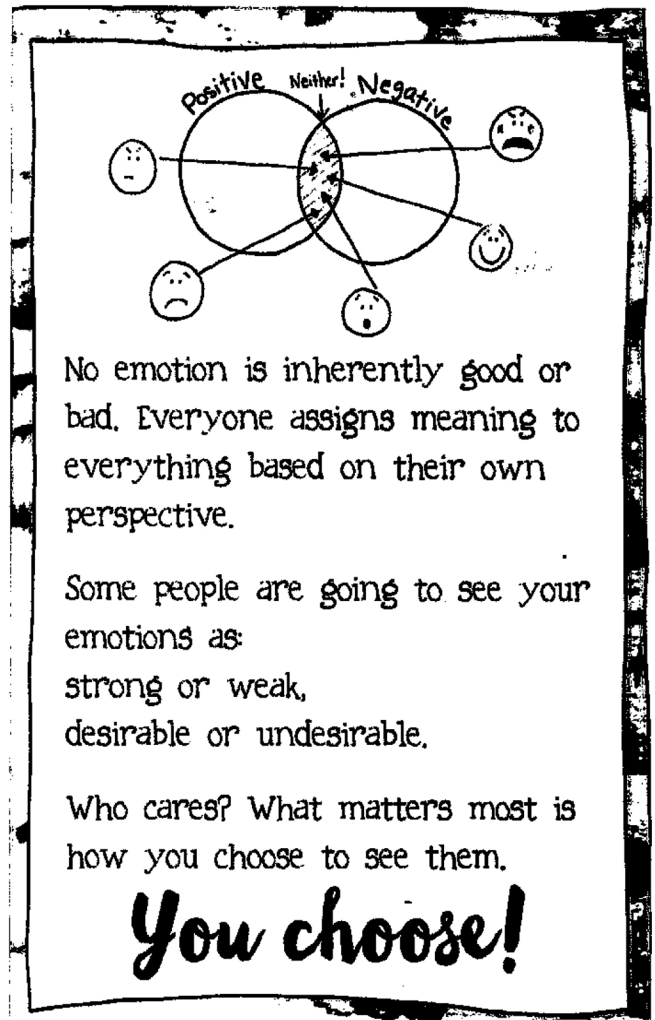
We welcome Butch and Faye as our new Club caller (s).

November 12th dance is still on. Please call/text if you are unable to attend.

406-439-1616 or 406-438-1589.

December 3rd dance is still on also. It will be a Christmas function and Cathy is doing games/prizes..... More info by email later.

Any Questions contact Virgil or Cathy.



Autumn begins when the center of the sun crosses Earth's equator. As Earth continues its path around the sun, days become shorter and nights become longer, with the change most noticeable for those at higher latitudes.

STYLE SERIES:

DON'T GET CAUGHT FLAT FOOTED

WE ARE INDEED creatures of habit. Give us a right and left grand *following* an allemande left, and we'll have no problem. But call a right and left grand without first using an allemande left, and you're liable to find your square in a thousand pieces. Why is this? Strictly because, as dancers, we become so accustomed to one movement being done in one particular way that we fail to respond to logical variety.

Another good example that may catch even the most versatile dancers flat-footed goes some-



thing like this: starting from a square (1), head couples star thru (2), ending in a set-up for a double pass thru (3). Now call a double pass thru (4), and chances are you'll get the centers moving and at least one of the side couples remaining stationary, wondering just what has happened.

To "ease the pain," some callers use this type of movement to "shake up the troops" every once in a while, but are sometimes a little less brutal. Here's an example: starting from a square (5), four ladies do a grand chain (6) to the opposite man (7), then the heads pass thru (8) and separate (9), going around one



(10) and squeezing in to make lines of four (11).

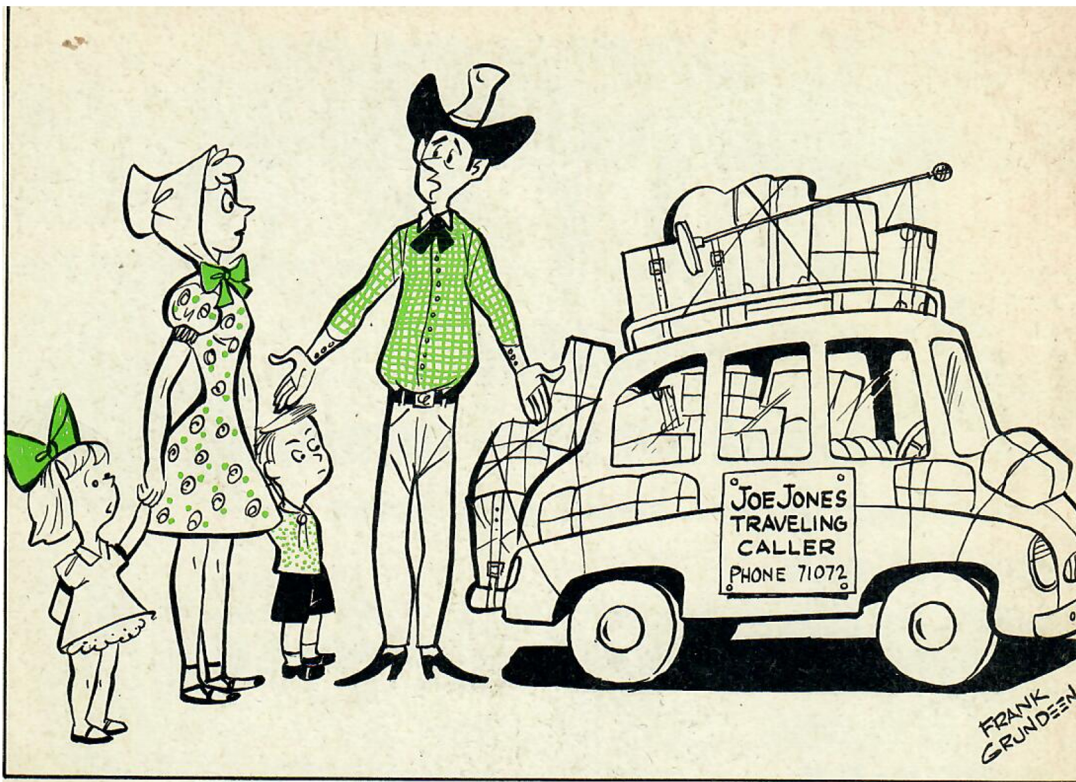
The lines go forward (12) and back, then forward again for contact (13) for a star thru (14) to end in double pass thru position (15).

Now, when the double pass thru is called, all the dancers move (16). The difference, perhaps, is the "automatic turnoff" that we sometimes develop when we're not active. If we are the sides and the heads are given a command, something inside us says, "Relax, the others are now busy." Then, suddenly, when we get a call such as double pass thru, we are caught napping. However, if right from the start, as

in our second example, we are brought into the action, there's little chance that we will be surprised.

If, during our learning stages, we're exposed to many of these "unusuals" there's a good chance that we won't be too susceptible to the "curve" thrown later on. At one time in square dancing it was fairly certain that if a dancer was in number four spot he'd have plenty of time to rest and relax while couple number one was active. Now, however, there's seldom a moment when we can let down and allow our thinking to wander off. Being "tuned in" *all the time* is just part of the game.

Every Military working dog is a noncommissioned officer - in tradition at least. Some say the custom was to prevent handlers from mistreating their dogs; hence, a dog is always one rank higher than its handler.....Over 90% of retired MWD's are adopted by their former handlers.



"Would you mind if you all took the train this trip —?"



Zucchini Fritters

1 pound of zucchini (about 3 medium sized), coarsely grated

1 teaspoon kosher salt

1 large egg

1/2 cup all-purpose flour

3 green onions, minced

1 teaspoon minced fresh thyme

1 teaspoon minced fresh basil

1/2 teaspoon lemon zest

1 teaspoon kosher salt (more to taste)

1/4 teaspoon black pepper

1/2 cup of extra virgin olive oil or canola oil

Sprinkle grated zucchini with about 1 teaspoon of salt. Place in a sieve or colander over a bowl. Let sit for 10 minutes. Press down with a wooden spoon to push out more of the water. Wrap it in paper towels and try to squeeze out more liquid. Whisk the egg in a large bowl. Add the grated zucchini, flour, minced green onions, thyme, basil, lemon zest, salt, and pepper. Mix to combine well. Heat the oil in a large skillet over medium high heat until the oil is shimmering and hot. Working in batches, drop heaping tablespoons of batter into the skillet. Flatten slightly with the back of a spoon or spatula. Cook, turning once, until browned, 4-6 minutes on each side. Transfer to a paper towel-lined plate. Sprinkle with salt.

Max: "I bought this great *Brain Games* books of puzzles that are supposed to improve my memory."

Gus: "Really/ How's that going?"

Max: "I'm sure it would be very helpful, if I could only remember where the heck I put the thing!"

Live Lively -



Square Dance!

Did you know?

According to Genesis 12:20-22, the chicken came before the egg.