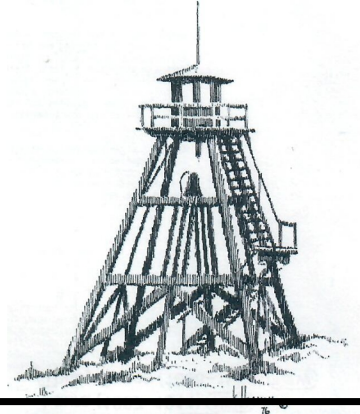


The

Guardian



Last Chance Squares, Helena, Montana - February 2024- Volume 18

Club Saturday Night Dances

February - 10th - BHB - Fairgrounds - 6:30pm
24th - BHB - Fairgrounds - 6:30pm

March 9th - BHB - Fairgrounds - 6:30
16th - St. Patrick's Dance - SEE FLYER FOR DETAILS

April 13th - BHB - Fairgrounds - 6:30pm
27th - BHB - Fairgrounds - SEE FLYER FOR DETAILS

Please bring your own beverage to drink. Finger foods are always welcome and appreciated.

Break
Time

February Birthdays:



Joann Rider
6th

Heidi Timmerman
27th

Berk Conrad
28th

...and
many
more



Live Lively -



Square Dance!

BANDANNA SQUARE DANCE SKIRT

You will need: eight (8) – 22" square bandannas
 1 yard elastic for waistband
 matching thread
 matching lace, if desired

Top of skirt: Place 2 bandannas together with right sides facing each other. Place them so that the edge with printed words is on the top edge where it will be part of the waistband (allow 4 or 5" to turn over for waistband). Then sew the two parts together along one side using a narrow seam. Join a third bandanna to the other, then join the fourth, forming a circle of four bandannas. Cut the other bandannas in half to use for the ruffle. Measure for your length. Adjust the length of the upper bandannas according to the length of your skirt. Finish the waistband, inserting elastic (waist plus 1").

Ruffle: When sewing the cut bandannas together for the ruffle, be sure the cut edges are along one entire side (this will be the side you add to the top section). Join the ends together so that you have a circle. Using a gathering stitch, sew around the cut side $\frac{1}{2}$ " from the edge. Pull thread to form double fullness. Sew ruffle to the bottom edge of upper skirt, matching 2 widths of gathered half-pieces to one width of the straight upper skirt pieces.

Hem: Finish hem. Lace can be added, if desired.



Chocolate Pudding Cookies

½ cup butter, softened
½ cup sugar
1 (3 ¼ oz) instant chocolate pudding
2 eggs
1 ½ c flour
½ tsp baking soda
¼ tsp salt
½ tsp vanilla

Combine butter, sugar, eggs and instant pudding. Add flour, soda, salt and vanilla. Drop with teaspoon on greased cookie sheet. Bake at 375° for 10-12 minutes. Do not overbake or cookies will get hard. Good with nuts or chocolate frosting.

Sloppy Joe Tater Tot Casserole

1 lb hamburger
1 can sloppy joe mix
1 can of corn, peas or green beans, drained
16 oz. bag of frozen tater tots
2 cups grated cheddar cheese
Dill Pickles, chopped (optional)
Seasoned Salt

Preheat oven to 450°. Brown hamburger and drain off excess fat. Add sloppy joe mix and can of vegetables to the hamburger. Add chopped up pickles if you choose. Pour the meat mixture into a greased 9" X 13" baking dish. Evenly distribute cheese across the top of the meat mixture. Top with tater tots. Sprinkle tater tots with seasoned salt. Bake at 450° for 20-30 minutes, or until tater tots are golden brown

No Bake Peanut Chocolate Drop Cookies

Submitted by Dolly Kemling, Dakota Grand Squares

2 ½ cups puffed rice cereal
½ cup old-fashioned oats
½ cup corn syrup
¼ cup light brown sugar
1 cup creamy peanut butter
1 tsp vanilla extract
¼ tsp kosher salt
24 chocolate drops, unwrapped

In large bowl, combine puffed rice cereal and oats. Set aside. In small saucepan, heat corn syrup and brown sugar over medium heat, stirring constantly. Bring mixture to a boil, remove from heat and quickly stir in peanut butter, vanilla extract and salt. Pour over cereal mixture, stirring until well coated. Drop rounded tablespoonful onto a parchment paper-lined baking sheet. Press chocolate candies into center and cool completely

"All jump up and never come down, Swing your pretty girl round and round."

How about a new "old call": "Clover Flow"

From: Trade By Formation

- 1. Outsides Cloverleaf as Centers Pass Thru;**
- 2. Out-facers Cloverleaf as Others Pass Thru.**

Ends in an Eight Chain Thru Formation

Same as: Clover and Pass Thru; Clover and Pass Thru

Grow your Club: Have the right attitude. by Eric Henerlau

The number one key to success: Attitude. A club that truly wants to grow will find a way to generate enthusiasm that is infectious. People want to be around people who are happy and having fun. Capture that attitude and do whatever is necessary to bring people in the door. Some groups say they want a class but then can't get enough beginners to justify it. Other clubs run successful classes and grow. What's the difference between these groups? **ATTITUDE!** Those groups who are excited and happy **about coming to a dance create an energy that attracts others. They exude fun and friendliness that makes others happy. They don't have to remember to smile - they are already smiling!**

Summary:

So, what's right with square dancing? Every person might have a different way that square dancing appeals to him or her:

- Social activity with friends
- Community
- Exercise
- Mental stimulation, brain exercise
- Respite from the anxiety in the world today

There are so many ways square dancing is the right activity right now. We all know that people would love this activity if they tried it. The call for action is now. Get the whole club involved. Make it fun. Seek out and find success stories from other clubs and callers. There is a wealth of information on the internet on marketing ideas; however, resources are useless without action. Inspire and motivate your club to take action. Keep emphasizing all the reasons why square dancing is right for everyone. Your classes will be more successful, your club will grow, and square dancing will continue to be the best entertainment for people all over the world.



"There's a part which goes - 'Don't stop, don't slow down' - Well just as I got to the intersection"



"Here come the McSweeneys... he's new club president."

Last Chance Squares Meeting

5:30 pm, January 27th, 2024, @ BHB, Fairgrounds

Present: (17)

Virgil Kaiser- President	James Diemert	Kim Steve
Cathy Kaiser- Personal Sec. to Pres	Michelle Gale	Dwain Wood
Stephanie Morrison - Vice-President	Kim Benjamin	Butch Suttey – Caller
Karen Long - Treasurer	Kim's Mom	Faye Suttey – Caller's Taw
Karyn Hamilton - Secretary	Chase Eaton	Glen Tusler – Cuer
	Judy – from Butte	Leola Tusler – Cuer's Taw

Virgil called meeting to order at 5:30 pm.

Treasurer's report – N/A

Minutes – N/A

Old Business:

Karen reported on exactly what the insurance covered and how much it pays out. It is also the last policy to pay after primary policy.

New Business:

2026 State Dance

Venue – Helena Valley Community Center

Chairman – Karyn Hamilton

Co-Chair – Shirlie Kuykendall

Dance Treasurer's – Kim Benjamin & John Honeman

Caller – Andy Allemao

Cuer's – Larry & Susan Sperry

Camping – Dry camping only

Used Clothing

9th of March

Leola will try and contact Tara. She had said that she had hers she wanted to get rid of.

Graduation

March 18th

Website

It costs \$300 per year to have. Stephanie said that she would be open to a Co-Adminrator position.

March 16th, St Patrick's Dance

Kim Steve & Stephanie Morrison will host>

Spring Fling Dance

Pot :uck

Silent Auction – Proceeds go to fund the BHB & Club Website (Karyn will set up)

Caller – Butch Suttey

Cuer – Glen Tusler

Flyer – Karyn will make

Big Sky News

Jim Taylor is the new caretaker of the Website for Montana & the Knothead Jamboree.

There being no further business, meeting was adjourned.

Karyn Hamilton

Karyn Hamilton, Secretary

SQUARE DANCE ETIQUETTE TIPS

ETIQUETTE TIP#1:

MEN PLEASE WEAR LONG SLEEVED SHIRTS

ETIQUETTE TIP#2:

AVOID LARGE AMOUNTS OF PERFUME, COLOGNE & AFTER-SHAVE

ETIQUETTE TIP#3:

PERSONAL HYGIENE (SHOWER, DEODORANT, TOOTHBRUSH)
MAKES A PLEASANT PARTNER

ETIQUETTE TIP#4:

PLEASE AVOID SHARP JEWELRY

ETIQUETTE TIP#5:

ALCOHOL AND SQUARE DANCING DO NOT MIX

ETIQUETTE TIP#6:

BE VERY GENTLE WHEN DANCING, TWIRLING, OR SWINGING....(SO YOU DON'T INJURE SOMEONE)

ETIQUETTE TIP#7:

DO NOT SQUEEZE HANDS (IT HURTS AND JEWELRY MAY CUT FINGERS OR HANDS)

ETIQUETTE TIP#8:

NEVER RIDICULE OTHER DANCERS

ETIQUETTE TIP #9:

BE A GOOD LISTENER (YOU MUST BE ABLE TO HEAR THE CALLER IN ORDER TO DANCE.)

ETIQUETTE TIP#10

DANCE WITH EVERYONE! AVOID CLIQUES!

ETIQUETTE TIP#11:

BE SURE TO TOUCH HANDS AFTER EVERY CALL!

ETIQUETTE TIP#12:

THE SECOND YOU HEAR THE MUSIC, SQUARE UP!

ETIQUETTE TIP#13:

NEVER WALK PAST A SQUARE THAT NEEDS A COUPLE!

ETIQUETTE TIP#14:

ALWAYS DANCE IN THE FRONT OF THE HALL!

ETIQUETTE TIP#15:

SMILE!...ACT LIKE YOU ARE HAVING FUN – AND YOU WILL!

ETIQUETTE TIP#16:

BE ON TIME ! IF YOU ARE LATE, 7 OTHER DANCERS MAY NOT BE ABLE TO DANCE.

ETIQUETTE TIP#17:

DON'T TAKE SQUARE DANCING TOO SERIOUSLY!

ETIQUETTE TIP#18:

PLEASE LET THE CALLER DO THE CALLING!

ETIQUETTE TIP#19:

SQUARE DANCERS WILL BE YOUR FRIENDS FOR LIFE

ETIQUETTE TIP#20:

KEEP DANCING YOU NEED FLOOR TIME

ETIQUETTE TIP#21

INTRODUCE YOURSELF; MAKE GUESTS FEEL WELCOME

ETIQUETTE TIP#22:

GUESTS ALWAYS EAT FIRST

ETIQUETTE TIP#23:

WILLINGLY PARTICIPATE IN ALL CLUB ACTIVITIES

ETIQUETTE TIP#24:

BE COURTEOUS (LISTEN ATTENTIVELY TO CLUB ANNOUNCEMENTS)

ETIQUETTE TIP#25:

THE CALLER AND ANGELS ARE HERE TO HELP YOU (DON'T GO HOME CONFUSED)

ETIQUETTE TIP#26:

LEND A HAND; HELP SET-UP AND CLEAN-UP FOR DANCES

ETIQUETTE TIP#27:

YOU ARE NEVER THROUGH LEARNING

ETIQUETTE TIP#28:

DO NOT BE IN A HURRY TO DANCE OTHER LEVELS

ETIQUETTE TIP#29:

JOIN OUR CLUB LAST CHANCE SQUARES

ETIQUETTE TIP# 30:

BE LOYAL TO YOUR CLUB

Helena Last Chance Squares

Helena, Montana
Bill Hamilton Building
Fairgrounds, 98 West Custer Ave



Spring Fling



April 27, 2024

Caller - Butch Suttty



Cuer - Glen Tusler

Plus Workshop/Plus Dance - 3:30 - 5:00 pm

Potluck - 5:00 - 6:30 pm

Pre-rounds/Evening Dance - 6:30 - 9:00

\$15.00 per person for both sessions

\$10.00 per person for evening dance



**We will have our annual silent auction
Proceeds to go to the BHB & Club Website**

Dates: Aug., 30, 31, Sept., 1, 2, 2024

Knothead

Square & Round Dance



Union Pacific Dining Hall - 220 Yellowstone Ave West, West Yellowstone, MT

Program Schedule

**FRIDAY Night - Aug 30 - Start registration 4:30 on
6:00pm - Pre- rounds
6:30-9:00 pm - WELCOME BACK DANCE**



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**SATURDAY - 9:00 am - Noon -SQUARE Dance (Workshop/Dance)
Noon - 1:30 pm - Lunch/Shopping
1:30 pm -4:30 - ROUNDS (Workshop/Teach/Dance)
4:30 - 6:30pm - Dinner Break/Shopping
6:30 pm - 7:30 pm - Pre-rounds
7:30 - 10:00 pm - Squares with rounds**



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**SUNDAY - 9:00 am - 12:00 pm ROUNDS (Workshop/Teach/Dance)
Noon - 1:30 pm - Lunch/shopping
1:30 pm - 4:00 pm - SQUARE Dance (Workshop/Dance}
4:00 - 4:30 Knothead/State Meeting
4:30 pm - 6:30 pm - Dinner Break/Shopping
6:30 pm - 7:30 pm - Pre-Rounds
7:30 pm -10:00 pm - Squares with rounds**

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**MONDAY - 9 -11am - DANCE - All callers/All Cuers
11:00 - NOON - Clean-up**



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UNION PACIFIC DINING HALL - WEST YELLOWSTONE, MONT.

We have tweaked this years program, to try and make it more dancer friendly for everyone.

If you are a caller or cuer and agree to participate in the program only your registration fees, are waived (as long as you indicate below). We appreciate your advance registration which helps in the planning of this great event. If you want to call or cue please pre-register

2024 Registration

Name (s) _____

Address _____

Phone _____ Email _____

If you are a caller or cuer please indicate below:

**Are you willings to Call _____ Are you willing to Cue _____
What Level? _____ What Phase _____**

Registration Fees:

Solo - \$30 _____

Couple - \$60 _____

Whole FAMILY _____ give us a call

Make checks to: KNOTHEAD JAMBOREE

Send to: Karyn Hamilton

4682 Pothole Drive

Helena, MT

Chairman/Montana Reps - Karyn Hamilton/Dwain Wood - 406-461-7536

Idaho Reps Steve & Judy Sullivan - 208-241-4112

Utah Reps - Kathy & Aaron Beans

Wyoming Rep - Dan Hopper

Treasurer - Steve Sullivan

Secretary - Karyn Hamilton