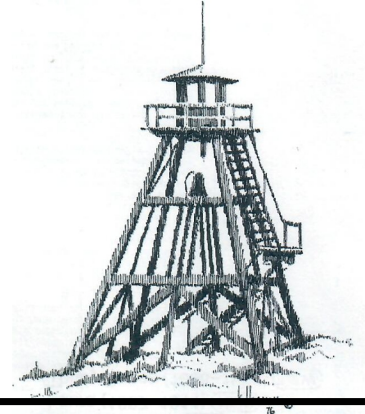


The

Guardian



**Last Chance Squares, Helena, Montana - August 2022 - Volume 8
Summer Dance Schedule**

**Sept 19th; 5:30 meeting
6:30 Dance**

Regular Saturday night dances

**Where : BHB @ Fairgrounds
98 West Custer
Helena, MT**

Time: 6:30- 9:00pm

September 4th, 2022

October 8th, 2022

22nd, 2022

November 12th, 2022

December 3rd, 2022

January 14th, 2023

28th, 2023

February 11th, 2023

25th, 2023

March 11th, 2023 - St. Patrick's

25th, 2023

April 22nd, 2023 - Spring Fling

May 13th, 2023

May 26-29th.2023,- Montana State Square & Round Dance Festival

Lessons:

Start at 6:30 - 8:00, Hawthorne School, 430 Madison Avenue, Helena, MT

October: 17th - 24th - 31st

November: 7th - 14th - 21st - 28th

December: 5th - 12th - 19th

January: 2nd - 9th - 16th - 23rd - 30th

February: 6th - 13th - 20th - 27th

March: 6th - 13th - 20th

\$5.00 per lesson = \$95.00

\$80.00 up-front for all lessons

Octoberfest Reminder:

Scheduled to dance:

Karyn & Dwain

Leola

Bonnie

James

Kathy & Virgil

Johan

**We will practice @ 5:30 before
the dances.**

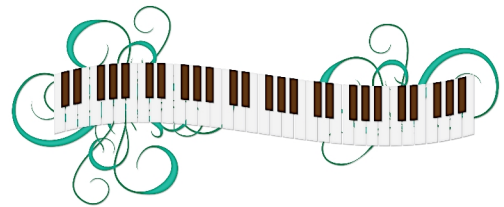


Props: Card tables

Table cloths

Pretzels

Beer Stiens



Last Chance Squares Meeting
Aug 15, 2022, BHB. Fairgrounds



Present:

Karyn Hamilton, Sec., Dwain Wood - Shirlye Kuykendall - Glen Tusler, Caller
- Leola Tusler, Caller's Taw - James & Dianna Diemert - Mick Jones - Johan Rider -
Stephanie Morrison - Cathy & Virgil Kaiser, President's

Virgil called meeting to order at 5:31

Minutes were approved as printed in the newsletter. moved by shirlye, 2nd by Dwain
Karen gave us a treasurer's report after she arrived.

OLD BUSINESS

- * Cathy said that we would be dancing at Hawthorne. Elementary School as it is easier to get into. School admin. will get Cathy a school schedule of what dates are available to dance,
- * Cathy said that Wade gave the Girl/Boy Scouts all a souviners cup of the festival, so we will give no monatary funds.
- * Right now Cathy is showing \$545 dollar profit with 25% going to the state (\$!36.25). Everyone agreed to dance at the BHB so Karyn will check on the dates for the 2nd and 4th Saturdays, starting in September.
- * Karyn will get the flyer made for the Beginner dance lessons. Cost will be the same as last year. \$5.00 per session or \$80 for all.
- * Discussion for the Octoberfest: Cathy said that she had some inflatable pretzels and beer mugs, Karyn show the Octoberfest aprons that she had. We could set up card table with table cloths, to sit at, while not dancing.. We can also pass out beginner dance lesson and maybe do a drawing for free lessons. This would only be if they were seriously interested in square dance lessons. We would do mainstream, plus and rounds.....Dress for men would be hats, stockings, shorts, suspenders..... Women would be dress, stockings, apron or the Apron over regular square dance attire...Those committing were: Karyn & Dwain, Leola, Bonnie, James, Kathy & Virgil, Johan, StephanieMaybe's: Ivan, Berk & Stella, Butch & Faye, George & Johann..... We will practice before regular saturday night dances.
- * Karyn will also make a flyer to hand out at Octoberfest.
- * No action was taken, on the By-Laws.
- * There being no other new business meeting was adjourned, to dance @ 6:27

Karyn L. Hamilton

Karyn L. Hamilton, Secretary

SWEET AND SPICY MEXICAN COFFEE

- 2 (3-inch) cinnamon sticks
- 4 whole cloves
- 1/3 c. firmly packed dark brown sugar
- 3 T. instant coffee granules or crystals
- 6 c. water
- 1/2 t. vanilla

Break each cinnamon stick into 2 or 3 pieces, place cinnamon and cloves in tea ball or tie in piece of cheesecloth. In large saucepan, combine brown sugar, instant coffee, and water; add tea ball. Bring to a boil over high heat. Reduce heat, simmer 1 minute. Stir in vanilla; Remove tea ball. Serve hot in cups or mugs.



"Well, you asked for a singing caller - didn't you?"



"The calling's OK - it's the music that gets me."

TOFFEE WEDGES

- 1/2 c. powdered sugar
- 3/4 c. butter, softened
- 1 1/2 c. all-purpose flour
- 1/2 c. toffee baking bits

Heat oven to 325°F. In large bowl, beat powdered sugar and butter until light and fluffy. Lightly spoon flour into measuring cup, level off. Stir in flour and toffee baking bits; mix well. Divide dough into 4 parts, shape each into ball.

On ungreased cookie sheets, press or roll each ball of dough into a 5 1/2-inch circle. With knife, cut each circle into 8 wedges; do not separate. Prick each wedge several times with fork. Bake for 10 to 15 minutes or until edges are light golden brown. Cool 5 minutes. Cut into wedges, remove from cookie sheets. Place on wire racks. Cool completely.

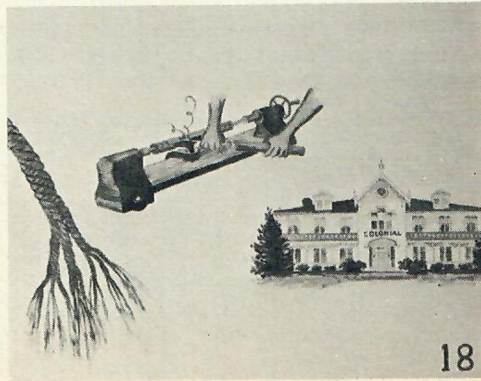
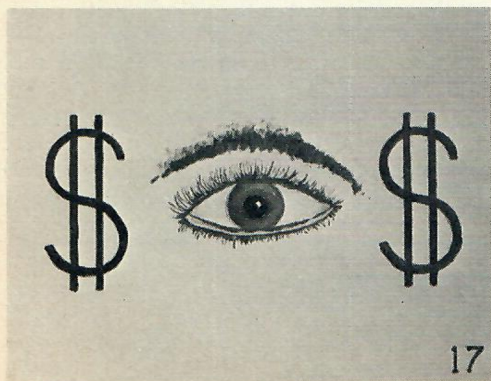
Glaze

- 1/3 c. semi-sweet chocolate chips
- 3 t. whipping cream

In small saucepan, combine chocolate chips and whipping cream. Heat over low heat until chocolate melts and mixture is smooth, stirring frequently. Remove from heat; cool slightly. Place in small resealable plastic bag. With scissors, cut small hole in corner of bag. Pipe glaze over cookies. Allow glaze to set before storing.

Kitchen Tip: When cutting the cookie dough into wedges, cut straight down through the dough. Pulling the knife through the dough.

What calls do these two pictures represent



A Hobo Theme

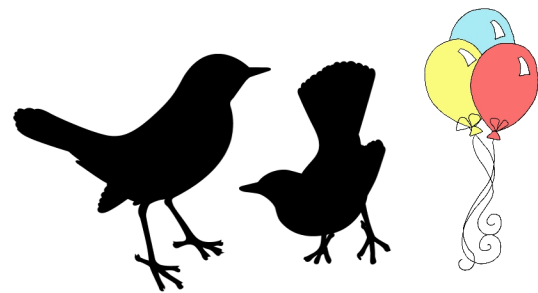
LOOKING FOR SOMETHING a bit different for a party theme? Here's an idea from the Staten Square Set of Staten Island, New York.

Invite your dancers to a Hobo Hoedown. Costumes, of course, because this theme has a guaranteed, no-purchase-necessary to dream up costumes which will fit the decor. Any outdated, ill-fitting concoction would be an appropriate wardrobe.

Interior decorations included an exhibit of famous posters, such as No Loitering, City Dump, etc. Imported spare tires were hung on the walls and the windows were draped for the event with printed gunnysacks tied back with tin cans on strings.

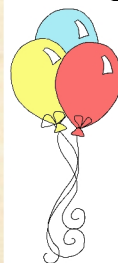
The caller's stand was turned into a modified version of the city dump with pots and pans hanging on nails and a Mulligan stew cooking over an open fire. And the caller joined into the spirit of the evening by teaching his own creation of a round dance entitled, The Bum's Rush.

A King and Queen Hobo were crowned and prizes given such as cans of stew, bars of soap and bottles of perfumed bubble bath—all necessities for this segment of life!



a little bird told me...

ANOTHER
Year Older



September 19th
Wade VanGilder

...and
many
more

Square dance benefits include such things as physical and mental health. Does your doctor tell you to get more exercise? Pat's answer: Square Dancing. Do you not have much to do on the weekends or week nights? Pat's answer: Square Dancing. Have you lost touch with old friends or want to make new friends? Pat's answer: Square Dancing. Are you young, old, married, single, or divorced and want new excitement? Pat's answer: square dancing. Pat hits the nail right on the head relating to peoples' needs.

Balding is God's way of showing you are only human...He takes the hair off your head and puts it in you ears.

In the instructions for a digital thermometer: "Do not use orally after using rectally."

On The Record SQUARES

Buddy Weaver
www.BuddyWeaver.com
buddy@buddyweaver.com



Square Dance Styling Part II

Last month we began the discussion of Square Dance Styling, not so much about WHAT we dance, as it is HOW we dance. It has been said, and wisely, that anyone, if he has the time, can learn any number of calls, whether one hundred or one thousand, but it takes a dedicated dancer to be able to execute every movement with skill and ability. No matter how simple the call appears, take enough time to do it correctly. We should further add – take enough time to teach it correctly.

This month we look at HANDHOLDS IN OCEAN WAVES. Really nothing more than two-handed stars, palm-to-palm, fingers facing towards the ceiling. The thumb is in a “neutral” position. This means the thumb may rest on the back of another’s hand, but should not apply pressure. While regional differences exist in ocean waves (i.e.: hands down, forearms, etc.), the ONE WRONG WAY IS THE THUMB GRABBER. This grip, similar to an arm wrestling hold, has great potential to harm other dancers. The thumb grabber also breaks squares because dancers are not able to release or shake the other dancer loose to complete a call.

All dancers are encouraged to teach a thumb grabber, how to properly hold hands in the ocean wave. In many cases, taking their wrist and removing their hand from your thumb then replacing the handhold with a proper palm-to-palm placement have accomplished this.

Important in ocean waves is that dancers stand with shoulders relaxed (avoid the shrug) and elbows down, at their side. When elbows come up, there is again a potential to harm other dancers. A visiting dancer told me of a recent incident where a man’s elbow came up and struck her in the face with such force as to break her glasses. Poor dancing habits like “flying elbows” also lead to broken squares because dancers are reaching where they shouldn’t (other ocean waves, etc.) Dancers may help this poor soul by simply taking a free hand and pushing the offending dancer’s elbow down.

WE MUST ALL BE PREPARED TO TEACH PROPER SQUARE DANCE STYLING. Callers, especially, must make styling part of the definition when they teach a call by showing while explaining the important points of how we dance. Teaching should be brief and to the point, however when we see a problem or one is reported to us, we have an obligation to re-introduce these styling fundamentals right away.

Online video resources are available at www.youtube.com with a search for “square dance styling for comfortable dancing” or find a link at www.buddyweaver.com. You are asked to share this information with all of your buddies (beginners and angels) through emails, links on your website, and publication in your newsletters.

16 *American Square Dance, March 2015*



Chocolate Peanut Butter Pudding

1 3.9 oz package instant chocolate pudding
2 c. cold milk
1/2 peanut butter
1/4 chopped nuts
whipped topping

Prepare the pudding according to the package directions. Use a whisk to stir the peanut butter into pudding. Pour the pudding into individual serving dishes. Sprinkle with chopped nuts. Refrigerate until ready to serve then top with whipped topping.

Take along Trail Mix

1/2 c. small pretzel
1/2 c. raisins
1/2 c. peanuts
1/4 c. sunflower seeds
1/4 c. chocolate chips

In a large bowl, combine all ingredients together. Store in an airtight container or re-sealable bags. Take along on outings.

Live Lively -



Square Dance!

California Salad

1 c. pineapple chunks
1 c. orange segments
1 c. shredded coconut
1 c. miniature marshmallows
1 (8oz) carton sour cream

Combine all ingredients and chill 24 hours before serving

So-Good Casserole

Green Onion Cheese Spread

1 (8oz) pkg. cream cheese
1/8 c. milk
2/3 c. minced green onion

Beat cheese at med. speed until smooth, gradually adding milk and beat until light. Stir in green onions and chill up to 2 days. Serve with crackers

California Salad

I Have A (Square Dance) Dream

I have a dream that one day our square dance nation, perhaps the world, will rise up and live out the true meanings of its creed – that is to Dance! In theory, we hold these truths to be self-evident, that all dancers and all callers are equal. But, we know it not to be so. That perhaps we are to blame for turning away from what makes our activity so successful, fun and fellowship set to music. Where have we gone?

I have a dream one day across our beautiful square dance world, leaders from all over will be able to come together and enjoy each other's company, without back stabbing, fighting and showmanship. Perhaps we can leave a square at the end of the tip and remember how much fun it was, that we danced to the music and everyone had a great time. Not that we left the square criticizing some dancers in it because they made a mistake. Perhaps we can give credit to fellow callers who actually do a nice job on stage, and that we have nothing to gain from such a comment other than it to be sincere.

I have a dream that even in some of the most depressed areas in our country, in our world, where dancing is dying, that these situations will be transformed into a future bed of thriving square dancing. That through all of the hard work, the dancers and leaders in those areas will turn it around, no matter how long it takes.

I have a dream that we will one day live in a square dance society where callers and dancers will not be judged by the color of their ability to dance, but by the content of their willingness to join and support our beloved activity.

I have a square dance dream today!

I have a dream that one day that callers will not be sentenced to banishment from certain square dance groups and clubs because perhaps in the beginning their first impression wasn't their best. I dream the hard hearts will come to open up new passions and opportunities to such callers who have no doubt transformed their calling ability to new heights. They are better now. Give them another chance!

I have a dream that someday the Challenge community will realize there really are other good callers who can entertain them besides just the usual suspects.

I have a dream today that if changes do not come from within from such individuals, that they be replaced by individuals more open minded

I have a square dance dream today!

I have a dream that someday from all over the world, our beloved activity will be recognized by the masses, and that the negative images will be erased so all can see the beauty of our dancing.

I have a dream that professional square dance callers would learn to respect each other and stop trying to destroy their colleagues by lying, cheating them and bad mouthing them behind their backs. Who appointed you better than everyone else?

I have a dream that dance leaders will learn to work together, that organizations and associations will come to the same table without their egos and remember that in "unity there is strength."

I have a dream that someday there will be a square dance program that everyone will be satisfied with. (I can dream, can't I?)

I have a square dance dream today!

This is my hope, my faith, for a new year, for the future. My faith is we can eventually come together, put down our swords of hatred, fighting, jealousy and differences of opinions and learn to work together, now more than ever.

With this faith I hope we can transform the discord of our beloved activity into that perfect square dance. One without judgment. Where we can all dance together, without fear of repercussions because of our dress, our sexual preferences, our ability to dance or call.

And so, let our new dance, our new songs be heard from all over the globe. From the Rocky Mountains to all of our Canadian friends. From California to the Eastern Seaboard, and everywhere in-between. From all our beloved dancers in Europe to the far reaches of the Land of the Rising Sun to the Land Down Under. From Russia, we send love, and from all over the world, where square dancing is and danced, we hope for a new beginning.

And when that song is played throughout the world, it won't matter who is calling, or who is dancing. It won't matter what they are wearing or what the admission price was. It won't matter what program is being danced, or what kind of refreshments were there. It will only matter that people came together for the friendship, set to music.

So, if we are not to be shackled by our deeds and our words, we might one day sing "Free at last! Free at last! Thank you for not caring about the politics, we are free at last!...To dance!"

Dedicated to all dancers and callers from all over the world and especially to the "Not quite ready for prime time challenge callers" (you know who you are).

Pee on the electric fence
they said...
It will be fun they said...



Wife wanted 5 mins alone...
This was outside her door